

OPEN 7 DAYS
MONDAY - FRIDAY
6.00AM - 3.00PM
SATURDAY & SUNDAY
7.00AM - 3.00PM



8628 7686

www.thekitchen.net.au



BREAKFAST

SERVED ALL DAY

Just toast (2)

Served with your choice of butter, peanut butter, strawberry jam or Vegemite

White, multigrain & wholemeal	3. ⁸
Sourdough	4. ³
Panini	4. ⁸
Gluten free	4. ⁸

Raisin toast & butter (2)	4. ⁸
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Banana bread (1)	4. ⁸
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Served fresh or toasted with butter

Eggs, Tomato & Toast	8. ⁸
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Two eggs cooked your way, served with grilled tomato & toasted sour dough

Bacon, Eggs, Tomato & Toast	10. ⁸
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Bacon & two eggs cooked your way, served with grilled tomato & toasted sour dough

Traditional Pancakes	13. ⁸
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Pancakes served with berries, maple syrup & cream

Traditional French Toast	13. ⁸
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Thick cut French toast served with maple syrup, caramelised banana & berries

Add Bacon (1) for the Canadian Experience	2
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Granola Bowl	10. ⁸
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Granola served with creamy Greek yoghurt & banana, berries & honey

Grilled Haloumi & Toast (V)	10. ⁸
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Grilled haloumi, smashed avocado, poached egg on a mix of fresh tomato, onion & served on toasted panini

SIDES

Egg (1)	1.5
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Grilled Tomato	2.5
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Mushrooms	3
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Hash Brown (1)	1.5
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Spanish Chorizo	3
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Haloumi	3
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Baked Beans	2.5
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Avocado	3
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Bacon (1)	2
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Smoked Salmon	4
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Yoghurt & berries	6. ⁸
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Creamy Greek yoghurt with fresh berries & honey

Eggs Benedict	9. ⁸
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Two poached eggs served on toasted panini with a rich hollandaise sauce, and your choice of:

Ham & Spinach	3. ⁵
Mushrooms & Spinach	3
Bacon & Spinach	3. ⁵
Smoked Salmon & Spinach	4. ⁵

The Kitchen Breakfast	16. ⁸
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Two eggs cooked your way, grilled tomato, mushrooms, bacon, Spanish chorizo, baked beans & hash brown, served with toasted panini

Smashed Avo & Feta	9. ⁸
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Smashed avocado & crumbled feta on toasted Sour dough served with rocket & Italian apple glaze

With Poached Egg	2. ⁵
With Bacon	3
With Smoked Salmon	4

Bacon & Egg Roll	8. ⁵
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Bacon, fried egg, cheddar cheese & tomato served on a toasted Brioche roll

Omelettes	10. ⁸
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Ham, Cheese & Tomato
Ham, cheese & tomato served with toasted panini

Mushroom, Feta & Spinach (V)	11. ⁸
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Mushrooms, crumbled feta, baby spinach & cheese, served with toasted panini

Traditional Toasties (White, Whole meal & Multigrain)	
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• Cheese & tomato	4. ⁵
• Ham & cheese	5. ⁵
• Ham, cheese & tomato	6
Panini & Gluten Free - add	1

LUNCH

AVAILABLE FROM 11.00AM

Beef & Bacon Burger	11. ⁸
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Beef patty with bacon, lettuce, tomato, cheddar cheese & spicy aioli, served on a brioche bun

Crispy Chicken Fillet Burger	11. ⁸
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Crumbed crispy chicken breast with lettuce, onion, tomato relish & cheddar cheese, served on a brioche bun

Roasted Veggie Burger	10. ⁵
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Roasted fresh vegies, cheddar cheese, fresh tomatoes, avocado, spring salad & mustard mayo on brioche bun

BLT	9. ⁵
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Bacon, lettuce, fresh tomato, mayonnaise & tomato relish, served on toasted panini

Steak Sandwich	10. ⁵
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Grilled steak with lettuce, tomato, cheddar cheese, mustard mayonnaise & tomato relish

Add Chips for the meal	2. ⁵
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ALL TIME FAVORITES

Plate of Chips	6. ⁸
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Served with tomato sauce or bbq sauce

Potato Wedges	8. ⁸
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Seasoned potato wedges served with sweet chili sauce & sour cream

Seafood Basket	9. ⁸
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Fish, prawns cutlets, scallops, squid rings & surimi bites

Chicken Schnitzel	10. ⁸
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Crumbed chicken breast served with chips & gravy
Add greek or house salad

Chicken Parmigiana	12. ⁸
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Crumbed chicken breast topped with napoli sauce, ham, & melted cheese with chips

Add Greek or house salad	3
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Beer Battered Fish & Chips	13. ⁸
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Flathead fillets in a light, crunchy beer batter, served with chips, a fresh garden salad & tartare sauce

Grilled Barramundi fillet*	17. ⁸
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Baked Salmon fillet*	18. ⁸
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* Comes with crushed potato & broccolini OR chips & salad & lemon cream sauce

SALADS

Greek Salad	9. ⁸
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Cucumber, tomato, kalamata olives, spanish onion, feta & lettuce, with a lemon & oregano dressing

Roast Pumkin & Spinach Salad	10. ⁸
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Combination of hearty roasted pumpkin, salty feta cheese, creamy avocado & toasted pine nuts, wholegrain mustard dressing

Chicken, Avocado Salad	11. ⁸
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Lightly grilled chicken breast, Ice berg lettuce, tomatoes, red onion & topped with fresh avocado, & Apple balsamic glaze

PASTA

Mediterranean Pasta	12. ⁸
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Spaghetti pasta with grilled vegetables, green shallots, pesto cream sauce

Tiger Prawn Spaghetti	15. ⁸
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Spaghetti pasta with fresh tiger prawns, green shallots & Napoli sauce

BEVERAGES

Still Water 500ml	3
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Cold Drinks	3. ⁵
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Coke, Coke Zero, Sprite, Fanta

Powerade (Red & Blue)	4. ⁵
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Glass Sparkling Water	4. ⁵
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Lemon Lime Bitters	4
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Bottled Juices	4. ⁵
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Apple, Orange, Pineapple

Barista Bros Iced Chocolate	4. ⁵
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Iced Coffee	4. ⁵
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Milk Shakes	6
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Thick Shakes	7
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Chocolate, Strawberry, Banana, Caramel

Iced Drinks	7
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Chocolate, Coffee, Mocha (with ice cream & whipped cream)

Fresh Juices	7. ⁵
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Orange, Apple, Tropical

HOT DRINKS

Coffee	REGULAR	LARGE
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Espresso, Macchiato, Piccolo & Long black	3	3. ⁵
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Flat White, Cappuccino, Latte	3. ⁵	4
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Chai latte, Mocha	4	4. ⁵
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Hot Chocolate	4	4. ⁵
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EXTRAS

Decaf, Extra shot	0. ⁵
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Flavors: caramel, hazelnut, vanilla	0. ⁵
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Soy Milk or Almond Milk	0. ⁵
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Teas	4
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Earl Grey, Green Tea, Breakfast, Peppermint, Chamomile

PLEASE ASK OUR WAIT STAFF OR SEE OUR DISPLAY SHOWCASE FOR CAKES, SLICES & SANDWICHES